COMMON PROTOCOL FOR THE USE OF A CHEMICAL PEELING

1. PREPARATION

Clean the skin to eliminate the excess of grease and makeup.

Products recommended:

NEF179 SOFT CLEANSER
NEF872 ASTRINGENT TONIC
NEF199 DEGREASER
NEF294 MECHANICAL EXFOLIATION
NEF647 8% GLYCOLIC ACID GEL
NEF204 20% GLYCOLIC ACID GEL

2. APPLICATION

Of chemical peeling

Precautions:

» Protect sensitive areas with vaseline
» Exclude the area around eyes and lips
» In case of burning, place cold cloths in the treated area to relieve discomfort
» Progressive application time, per session: 1-3min › 7min › 10min

3. NEUTRALIZATION

If required (depends on the acid or if the ph is less than 3.5). If not, remove with abundant water.

NEF61 NEUTRALIZER (SPRAY)
NEF663 NEUTRALIZER VERSICOLOR (GEL) New!

4. BOOST (optional)

NEF260 RETINOL CREAM 4%

5. POST-TREATMENT

It is recommended to avoid complications or reduce the risk of hyperpigmentation.

It's purpose:
» To calm
» To protect

PREPARATION

In order to **maximize and extend the results** of a professional chemical peel, it is recommended to follow the treatment at home. This will be customized according to the patient (characteristics of the skin) and class (depth) of elaborate peeling. General recommendations:

1st and 2nd week: treat the dryness, erythema, itching and / or sensitivity caused.

» Cosmetic products that calm and moisturize the skin are recommended. Those rich in Panthenol, Urea or Hyaluronic Acid stand out.
» Topical products rich in antioxidants are recommended. Those containing Niacinamide, Ferulic Acid, Vitamin E and / or Vitamin C are predominant.
» Photoprotectors (minimum one SPF 30) are essential.

From the 3rd week: moisturize and protect the skin

** To increase the absorption of peels, the use of retinol 0.25% (NEF298) 1 month before treatment could be recomended. The thickness of the stratum corneum is reduced, archieving a greater uniformity of application pf the chemical peel (discontinue 2 weeks before treatment).*
** Optimal treatment: 6 sessions of progressive intensity. * Guideline protocol for use in specialised medical centres only.*

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Neftis Laboratorios has a Quality Management System Certificate according to UNI EN ISO 13485:2016 (Medical Devices), UNI EN ISO 22716:2008 (GMP for Cosmetic Products).
Certificate of Compliance with Good Manufacturing Practices (GMP) for Cosmetics (Certificate No. 19 08 0018 BPF).

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Peelings



CHEMICAL PEELINGS

The renovation your skin needs

Chemical peels are **topical treatments,** mainly formulated on acids, designed to **eliminate in a controlled way** the most superficial layers of the skin, stimulating cell renewal and improving significantly its appearance. The most remarkable clinical effect is rejuvenation.

Mostly they are applied at **facial level.** Despite this, they are also highly effective for **body treatments**. In this case, the most common would be: **lactic acid, glycolic acid and TCA.**

They can be found in various cosmetic forms: solutions, **gels, creams or masks.**

CHEMICAL PEELINGS ADVANTAGES

- Economical
- Improve the appearance of the skin
- Multiple uses
- Safe and effective
- They can be used on face and body
- They can be combined with other techniques such as mesotherapy or dermabrasion

CLASSIFICATION BASED ON THE DEPTH OF ACTION

Very shallow

- Glycolic acid 20-45%
- Lactic acid 50%
- Salicylic acid 20-30%
- TCA ‹20%

Superficial › Eliminates the stratum corneum (EC)

- Glycolic acid 50-70%
- TCA 20%

Medium (ADVANCED PEELS)

- TCA 35-40%
- TCA 35% Glycolic acid 70%

Deep (ADVANCED PEELS)

- TCA › 40%
- Phenol

FACTORS THAT INFLUENCE THE DEPTH OF A PEELING

- Type of acid
- Concentration
- pH
- Cosmetic texture and shape
- Preparation of the skin (use of retinol or other acids)
- Application time and number of layers
- Application technique
- Skin type (dry, oily, thin)

This variety of factors requires a diversity of products that allow the execution of **safe and effective treatments** for chemical exfoliation treatments.

To this end, in **Neftis Laboratorios** we have developed two main lines:

- Monocomponents peel (with a single active)
- Combined peel (with optimal mixtures of acids)

Both lines allow professionals and users the application of exfoliation treatments with **perfect results for each different skin.**

COMBINED PEELINGS

REF	PRODUCT	SA	GA	LA	KJ	AZ	CIT	ARG	MA	FE	OTHERS	USE	PH	DEEP
NEF241*	FERULIC COMPLEX 8%			4,5			2			8	Malic 3, Vit A 0,2	Antioxidant, Illuminator	› 3	↑ Superficial
NEF241	FERULIC COMPLEX 2,5%			4,5			5			2,5	Malic 5, Vit A 0,2	Antioxidant, Illuminator	‹ 3	↑ Superficial
NEF261*	LACTIC COMPLEX			72							DMAE 11	Hydrate, Firming, Illuminator	‹ 3	↑ Superficial
NEF390*	LACTOBIONIC PEEL		8								Lactobionic acid 5	Hydrate, Rough Skin, Illuminator	› 3	↑ Superficial
NEF29*	PHOTO-AGING	2		10			8					Anti-Acne, Seborrheic Skin, Rosacea	‹ 3	↑ Superficial
NEF60*	SHINE REMOVING	20				10			2		Urea 5	Anti-Acne, Seborrheic Skin, Hydrate	‹ 3	↑ Superficial
NEF31*	ANTI-ACNE 20% SA	20				14			2			Anti-Acne, Seborrheic Skin	‹ 3	↑ Superficial
NEF31*	ANTI-ACNE 2% SA	2				14			2			Anti-Acne, Seborrheic Skin	› 3	↑ Superficial
NEF754*	ACNE SCAR REMOVAL	2	10	9			5				4-Butylresorcinol 14	Anti-Acne	‹ 3	Superficial
NEF776*	VIVINOL PEEL										4-Butylresorcinol 10	Anti-Acne, Depigmenting	NP	Superficial
NEF666	CITRIMAC PEEL						30		20			Acne Non-Cystic, Rough Skin, Dullness	‹ 3	Superficial
NEF314*	FLORIDA PEEL COMPLEX	14		12	3	5	10				Hexylresorcinol 1	Depigmenting	‹ 3	Deep
NEF308	INTIMATE PEEL			9	1				4		TCA 10 Glutathione 0'5, 0'3 Retinol, Butylresorcinol 0,1	Depigmenting	› 3	↑ Superficial
NEF308	INTIMATE STRONG PEEL			9	2						TCA 10 Glutathione 0'5	Depigmenting	‹ 3	Deep
NEF243*	ANTISPOT WHITENING COMPLEX	2	0,5	9	5		10				Hexylresorcinol 2	Depigmenting	‹ 3	Superficial
NEF258	WHITENING K COMPLEX	2	34	9	5		5				Vit C 0,5	Depigmenting, Anti-Wrinkles	‹ 3	↑ Superficial
NEF259	WHITENING KHR COMPLEX	2	34	10	5		10				Vit C 0,5, Hexylresorcinol 2	Depigmenting, Anti-Wrinkles	‹ 3	Superficial
NEF30*	REJUVENATING			4,5							Piruvic acid 40	Anti-Wrinkles, Hydrating, Rough Skin	‹ 3	↑ Superficial
NEF268*	FENOL TCA COMPLEX	2	2						1		TCA 15, Phenol 8, Vit C 2, Phytic acid 0,4		‹ 3	Deep
NEF256	ARGININE			18				20			Urea 5, Aloe Vera 1	Detoxify, Hydrate, Rosacea	› 3	↑ Superficial

SA = Salicylic acid **GA** = Glycolic acid **LA** = Lactic acid **KJ** = Kojic acid **AZ** = Azelaic acid **CIT** = Citric acid **ARG** = Arginine

MONOACID PEELINGS

* ⇨ Legislative restrictions by country

PRODUCT	USE	pH	10	15	20	25	30	35	40	50	70
MANDELIC ACID	Sensitive skin, rosacea, acne, skin rejuvenation, dullness	‹ 3					**NEF293**		**NEF192**	**NEF604**	
		› 3					**NEF318**		**NEF649**		
LACTIC ACID	Dry skin, rosacea	‹ 3					**NEF191**		**NEF294**	**NEF295**	
		› 3					**NEF317**		**NEF583**	**NEF282**	
PYRUVIC ACID	Anti-wrinkles, dry skin, irregular tone, rugged texture	‹ 3							**NEF193**		
		› 3					**NEF319**				
SALICYLIC ACID	Sensitive skin, rosacea, acne, skin seborrhea, hyperpigmentation	‹ 3			**NEF270**		**NEF62**				
		› 3		**NEF284**							
GLYCOLIC ACID	Acne, rough texture, hyperpigmentation, photoaging	‹ 3			**NEF204**			**NEF188**		**NEF189**	**NEF190**
TCA	Depigmenting, enlarged pores, blackheads, scars post-acne, wrinkle photoaging face and hands	‹ 3		**NEF216**		**NEF245**				**NEF325**	

FULL SERVICE



Vials Bottle Strip

MONOACID PEELINGS

POST-TREATMENT - RETAIL USE

Treat and Calm

- **NEF121** Gel-Cream Recuperative: Aloe Vera 10%
- **NEF626** Serum Soothing with Hamamelis extract
- **NEF716** Panthenol & Centella gel-cream
- **NEF713** Atopic-Sensitive skin cream

Photoprotectors

- **NEF557** Cream SPF30
- **NEF555** Cream SPF50